



Safarīama

April-May 2016

# Buland Iraade, April 19-22



Conducted by Dhiviya David and Nandini Rao who are both feminist activists and gender trainers, Buland Iraade took 22 participants on a self-reflective journey where they discovered the idea of positive power and saw the concepts of gender discrimination, sexuality, Patriarchy, gender violence, women empowerment, all-pervasive structures of oppression and constitutional rights in a new light. They raised the points that how social structure is based upon our clothes, ideologies, gender, sexuality, family structure and religion.



# India Youth Jam, April 28- May 5



The program which was facilitated by Roy Jacob and Sukhmani, incorporated facilitated dialogue, sharing circles, inspiring guest speakers, organized networking, ceremony, live music, artistic expression, games, movement and participant-led workshops. The India Youth Jam brought together 24 passionate change makers from various parts of the country and diverse backgrounds, for a week of bonding, learning and healing and an opportunity to envision new possibilities and connect the dots for lasting and deep social change.

India Youth Jam is a platform that connects, inspires and collaborates with change makers to join forces for thriving, just and sustainable ways of life. Jams create transformative fields of shared inquiry in which young leaders deepen the root system behind the commitments, prayers and actions that move through their lives.



# Jeevañ Vidya, May 9-16



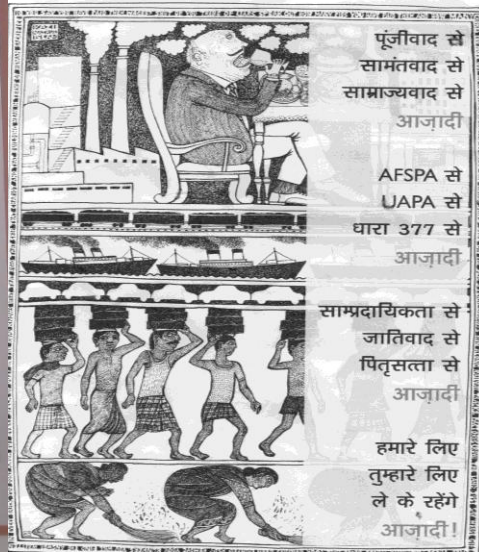
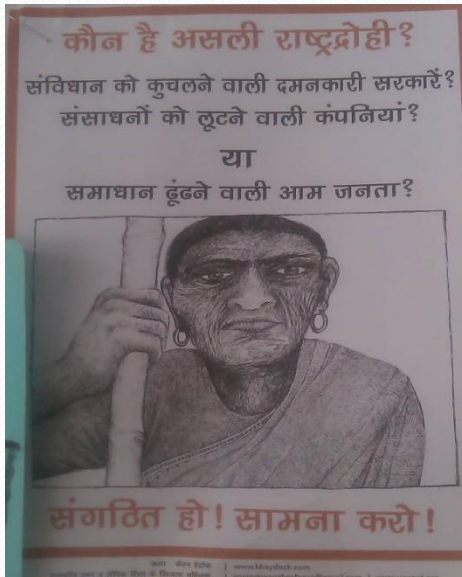
Jeevañ Vidya, true to its name, was an educational process into the neglected and subtle facets of life. It was a 40-hour learning experience facilitated by Vinish Gupta, founder of the Centre for Holistic Learning. Issues related to interpersonal relations, education, society, success were discussed amongst 32 participants from all walks of life. The idea was to create a self-critical inner dialogue that lives beyond the program.



# Solidarity Protest against State Repression May 10



On May 10, representatives of progressive organisations of Palampur and Kangra District came together in the support of reinstating democratic ideals and to protest against state repression in the country. Around 25 people came together for this one day long hunger strike. Sukhdev Vishwapremi, Amar Singh, Akshay Jasrotiya, Himlal Chand, Aman Guleria, Manshi Asher, Vimla Vishwapremi, Shashank Kafoch, Mohammad Chappalwala, Vipin Bhardwaj, Boni Michael, Aatreyi Sen, Sanjay Kumar, Dimple, Nanki, Ruma Devi, Mamta, Sunita. Were some of the participants. The sexual violation of Jisha, Rohit Vemula's murder and the sedition charges against students of JNU was protested against. The issue of the police firing on Lamas protesting against Dams in Arunachal was also raised. The larger objective from this protest was to claim political, economical and social justice for all; irrespective of their caste, religion and class.



# Thought for Food, May 18-22



As human beings, we have in common that we all eat. Keeping this thought at heart, Thought for Food workshop was conducted for people to learn how to eat responsibly and think of consuming food as a way of participating in a web of relationships. The workshop was facilitated by Sumi Chandresh and Karuna Morarji, both interested in organic farming and experimentation, and was attended by 35 participants. Thought for Food aimed at gaining a basic understanding of industrial food chains, by looking at corporate-dominated agriculture and food processing industries, fossil-fuel fed farming, toxic 'food' additives, ecological degradation and lifestyle diseases. Sourcing, preparing and cooking food along with presentations, personal reflection, short readings, films, field research were central to the workshop.



## Nayi dishayein: Rethinking development May 25 (6 weeks)



The aim of Nayi Dishayein was to engage young minds inclined towards developing a holistic understanding of contemporary socio-economic-political issues. For this, 17 participants came together and critically examined the current notion of 'Development' that pervades popular imagination and public policy.



The workshop through experiential sessions and collective dialogue provided an alternative perspective on our idea of development. The facilitators included Himanshu Kumar, Nityanand Jayaraman, Karen Coelho, Saroj Giri, Mohammad Chappalwala, Rupesh Kumar and Manshi Asher. The 10 day module at Sambhaavnaa is followed by a 4 week internship with social organisations. This time participants have gone to movements like Chhattisgarh Bachao Andolan, Narmada Bachao Andolan and Mazdoor kisaan Shakti Sangathan.

# Volunteers



"I volunteered with Sambhaavnaa for six weeks, and it opened up the world for me. Sambhaavnaa provided me new perspectives to look at things and understand better; definitely a place for active discussions and infinite learning." - Koundinya Dhulipalla (Currently pursuing his Masters in Development at Azim Premji University)



"Being at Sambhaavnaa has been a life-altering experience. I have found myself come increasingly close to nature and the simplicity and humility of village life. Learning from the experiences of people from all walks of life has been key in my growth at Sambhaavnaa." - Prachi Lohia (An undergraduate student of Hindu college, pursuing honors in English.)



# Udaan Mela April 22



The children and facilitators of Udaan Learning Center and School made the best out of waste in the Udaan Mela. Children showcased their talents in colorful art and crafts, bake sales, scientific experiments and crochet designs. They practiced the 3'R's of environment conservation- Reduce, Reuse and Recycle. The sales were carried on through a gift economy where exchanges of any kind from visitors were welcome. The Mela was vibrant with the extravagant colors and enthusiasm of the children and visitors alike.



# Workshops @ Udaan Learning Centre



Academics for kids have always been the need, more than the fun loving activity, however, Udaan is trying to involve kids to do science practical, as an activity which involves inquisitive approach more than study.

Science practical session conducted by our very own Ravinder ji.

## Reduce, Reuse, Recycle

Best out of waste workshop conducted at Udaan by Trilock Kumar and his friends from Deer Park(BIR) It started with an activity to initiate children realize about the harmful effects of Plastic and other non degradable consumables followed by the reuse of the trash and ended up with the beautiful artwork.



Udaan had 3 volunteers for few days they did theater and adventure activities with children for an hour everyday, one of the volunteer Ranjeet taught Doodling(a form of painting).



# GUP-shUP Chabootra



We have, with the help of a volunteer, Sriparna Ghosh, redesigned Sambhaavnaa's logo. Please have a look at it and tell us what you think.

Feel free to send your comments to

[programs@sambhaavnaa.org](mailto:programs@sambhaavnaa.org)