



Pahar Aur Hum, **Rethinking Development in the Himalayas.** 

Sambhaavnaa Institute for the last three successive years has been organizing a workshop called 'Pahar Aur Hum', where youth from the Himalayan region come together to collectively introspect on issues facing the region.

A diverse palette of issues ranging from history, culture, ecology, economics and identity to paradigms around development, diversity and context shall be explored through talks, discussions, activities, field visits, performances, manual labor, open spaces and silence. This year we had 22 participants from Himachal, Uttrakhand and Leh-Ladakh.

Kulbhushan Upanyu, Praveen Singh, Sukhdev Vishwapremi, Nekram Sharma, Arif Parey, Dr. Sati, Vimla Vishwapremi, Manshi, Rahul Saxena, Prakash Bhandari were the facilitators for this program.

## **Buland Iraade**



Buland Iraade a Self-Reflective Workshop on Positive Power, Patriarchy, Power, Gender, Sexuality, Songs of Resistance and Constitutional Rights.

The objectives of this workshop were: Develop conceptual understanding of power, gender & sexuality. Examine these concepts in the context of our constitutional rights as citizens of India.

This time we had 32 youngsters from various organisation like Sahas, Eklavya, Kilkari, Harmless Hugs, Muskaan, Udaan, Vishakha and individuals, working on the same issues.

**Dhiviya and Nandini** were the facilitators for this program.

One of the participant **Purvi Yadav** has written a blog on this workshop <a href="http://nayerang.blogspot.in/2017/02/blog-post.html">http://nayerang.blogspot.in/2017/02/blog-post.html</a>

## **Secular Politics**



The urgency to intervene in defense of democracy, secularism and justice has never been more pressing than in the prevailing conditions of the country today. The rise of communal fascism has emerged as a threat not only to its immediate victims but to the very long-term survival of India as a unified nation of diverse religious, linguistic and ethnic groups.

As an effort in this direction we have organised a three day workshop to equip young activists with a perspective to counter this onslaught to the very Idea of India. Key Themes: Understanding Fascism, Majoritarianism and Minority, The 'Indian' Identity, Diversity and Pluralism, The way forward – Resistance and Change.





The facilitators, **Bhasha Singh**, **Gauhar Raza and Ovais Mirza** discussed about Communalism, Indian Identity, Gender and communalism, Demonetisation, Diversity and Pluralism.

# Digital Colonization



A 3 day workshop, 'Digital Colonization' provided an understanding of the making of the national digital ID system in India and its linkages and implications on one hand and the push towards cashless digital economy on the other with a focus on issues of constitutionality, governance, public accountability and the right to privacy. **Usha Ramanathan, Anupam Saraph & Sumandro** took us through the politics of the Unique identification project and cashless India and how our constitutional rights have been compromised.

We discussed, how digitisation is being implemented in India through the UIDAI (Aadhar), Demonetisation, Jan-Dhan and other policy and legal measures. Violations of constitutional rights, laws, ethics, and public accountability in these projects. Linking the mass digitalisation programmes, privatisation of national interests and, the enhancing vulnerability of the Indian economy. Discover options to resist the destruction of economic sovereignty and democracy rights in India.

The Statesman published about the workshop

http://www.thestatesman.com/india/legal-framework-for-protecting-citizens-rights-needed-for-digitalisation-1488206526.html



## **Upcoming Programs...**



**India Youth Jam**, April 13th-20th, 2017 India Youth Jam is an annual gathering of 30 diverse young change makers from across the country for a powerful week of deep listening, sharing, self-discovery, systemic inquiry and community building.

**Jeevan Vidya**, May 10 - 17, 2017 at Sambhaavnaa . This workshop is an intensive 40-hour learning experience that seeks to bring one's attention to neglected and subtle facets of life.

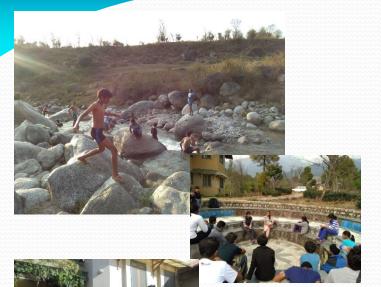
**Politics of Health** program examines the public policy and non-government initiatives that have attempted to work towards bottom-up, pro-people and pro-poor health care systems. They will be explored for their approach and achievements against the backdrop of the dominant political economy of healthcare. To understand what the present situation of health care is and how it can be improved from a pro-people perspective. This will be held on April, 24 to 28.





**Thought For Food**, in this 6 day workshop from May 2 to 7, 2017, we will attempt to deal with some of these questions tracing the complex relationships that constitute food in the contemporary world and in our lives, from the micro-level of individual, everyday experiences and choices to the macro-level of global food politics. We will assess different ideologies of 'good food' from the perspective of human health, as well as from the perspective of social justice and ecological balance.

## Activities & Camp @ Udaan



Udaan recently hosted a camp for **Shibumi School**( **Banglore**) sharing our learning experiences and understanding on education was our primary goal from this, as Shibumi is a successful model of alternative education.

Talk and hands on experience on sustainable architecture, exploring Tibetan culture and political situation, a nature walk around Sambhaavnaa were some of the activities within 3 days of their stay.

Watering plants around Udaan, is the regular and lovable task our kids.

Environment sensitivity is not something just spoken about it has to be practiced to Save Earth.

Exploring imaginations with mud.

First picture is the replica of the nest of Barn Swallow, this is made by kids.

Do we really need chemical based colors for rangoli? Udaan kids celebrated Eco friendly Diwali, last year by using flowers and leaves to make a beautiful patters.

#### Activities @ Udaan







Here kids are understanding the nature of materials by burning them.

They burnt cotton cloth, synthetic cloth, wool, stick, leaf, anything available around.

After about a month one of the child, tried to explore something at home, he put his pencil box in heater and wanted to know what happens with it, since it was of plastic it burnt, following which, he tells his mother, plastic is not good, why don't you get metal box for me.

From harvesting to cooking a finger licking good dish.

And enjoying their handmade meal, was an amazing experience for these little ones.. kids made *nimbu ka achar* (lemon pickle) and *Muli ka paratha*, pancake stuffed with radish, where lemon and radish was from Sambhaavnaa's organic farm.

We often are over protective and avoid giving knives, scissors or any sharp tools to kids, however, instead of eluding them from these, if we could guide them on how to use it safely, and without any fear, is the best way to make them involve in our daily chores.

And the learning from these experience is

priceless.

#### उड़ान के साथ नई उड़ान भरेंगे नन्हे-मुन्ने

प्रशांत भूषण की संस्था वैकल्पिक शिक्षा का नया मॉडल करेगी स्थापित

पालमपर, 16 फरवरी (ब्यरो): अधिवक्ता प्रशांत भूषण की सेंस्था नन्हे-मुन्नों की नैसर्गिक प्रतिभा को भषण शिक्षण संस्था वैकल्पिक शिक्षा है। उड़ान संस्थान के माध्यम से संस्था बच्चों की नैसर्गिक प्रतिभा को प्राकृतिक परिवेश में प्राकृतिक ढंग से नया आयाम देने का कार्य करेगी। अलग होगा। ऐसे में पालमपर के समीप कंडबाड़ी में उड़ान संस्थान खेल-खेल में बच्चों की जिज्ञासा को शिक्षा का माध्यम बनाएगी। बच्चों को पारंपरिक स्कूली शिक्षा की तरह न मात्र किताबी ज्ञान अपित् आम गतिविधियों के प्रति उनकी जिज्ञासा के माध्यम से शिक्षित किया जाएगा। उडान संस्थान की समन्वयक डा. रिंक दत्ता ने बताया कि शिक्षाविद जे. कष्णमूर्ति, मारिया मोंटेसरी, कष्ण कुमार, गिजुभाई बधेका तथा रबींद्र नाथ टैगोर द्वारा शिक्षा के जो आदर्श स्थापित किए गए थे उन्हीं आदर्शों को आगे बढाते हुए ग्रामीण परिवेश में बच्चों को शिक्षा दी जाएगी।

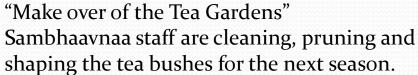


Udaan in Newspapers

### Farm to plate

# Gap-shup Chabootra





"Sambhaavnaa staff practicing Organic farming on Square foot gardens"
Square foot gardening is the practice of dividing the growing area into small square sections (typically 12" on a side, hence the name). The aim is to assist the planning and creating of a small but intensively planted vegetable garden. It results in a simple and orderly gardening system, from which it draws much of its appeal.





Glimpses of an event on **One Billion Rising**. Women from Sambhaavnaa and
Udaan participated in the event
organized by Jagori Rural at
Dharamshala.

On the way they got a chance to visit a zoo at Gopalpur.