# SAFARNAMA

#### NEWSLETTER OF SAMBHAAVNAA AND UDAAN

**DECEMBER 2017 - JAN - FEB 2018** 

# BUNIYAAD, A TEN DAY WORKSHOP FOR SOCIAL ACTIVISTS



Buniyaad has been conceptualised for young social and political activists who have spent at least 3 years on the field. The program duration this time was for 10 days, and the attempt is to broaden the understanding of 'on the field' activists regarding bigpicture issues in the social, economic, political spheres.

This time, we collaborated with Utpala and Anshu and they selected 33 activists from Construction Workers Collective, Antakshari and Vigyan Foundation for this workshop.

Praveen Singh, opened the discussion on Capitalism and Development.

Through various forum theater exercises, Arundathi taught, how to discuss the issues through expressions.

Manshi and Arundathi, talked about gender, patriarchy, sexuality and social structures.



Shankar Bhai an activist from Majdoor Kisan Shakti Sangathan, Rajasthan, shared his journey and struggle of Right To Information Act.
He shared songs, slogans of resistance to mobilize people during andolans and protests.



Himanshu Kumar shared his experience of Baster and Dantewada. He shared If a tribal or a Dalit is raped and if you help them, your life will be ruined. Court, police, government, everyone will be after you. You cannot trust the Constitution, law or democracy on these issues. I have a first-hand experience of this.

#### A DAY WORKSHOP ON RTI



25 people from various movements and organisations from Himachal participated in this workshop.

Resource person, Lawan Kumar an RTI activist and Advocate from Mandi Himachal, shared his experience and discussed following points-

- History and background of the Act.
- An Overview of the Act.
- Obligation of Public Authorities.
- Role of Assistant Public Information
   Officers and Public Information Officers.
- Provisions of the Act.
- Role of First Appellate Authority.
- Appeal provisions under this Act.
- Third Party Information.
- Powers and Functions of the State/Central Information Commission.
- Case Studies.



Manju and Shashank, facilitated the sessions with the discussion of gender norms in society and how patriarchy works in our families. Through various activities of tagging and power walk, they were able to show the discrimination between genders in our families and workplaces. They spoke about, the importance of internal complaints committee in the workplaces, what is sexual harassment and how patriarchy operates in workplaces.

### PREVENTION OF SEXUAL HARASSMENT AT WORKPLACE AND GENDER SENSITIZATION

Kumud Bhushan
Education Society,
constituted an Internal
Complaints Committee
(ICC) that would play a
critical role in prevention,
prohibition and redressal
of sexual harassment at
the workplace. This has
been done as per the
2013 guidelines on
prevention of sexual
harassment at workplace

The I.C.C. in its first meeting decided that before formulating a policy on prevention of sexual harassment there is a need for sensitizing all staff and volunteers at Sambhaavnaa and Udaan about gender based violence as a part of this we did two workshops with all the members on campus.



## NAYI DISHAYEIN WINTER SCHOOL, RETHINKING DEVELOPMENT



Sambhaavnaa Institute, has for the last five years been organising a participatory, reflective and experiential schools series, called Nayi Dishayein. This time we have invited Rahul, who identifies as an anarchoenvironmentalist and Subhadra works on issues of Gender, Patriarchy and is a dalit feminist activist too.

This winter school, we began with 24 amazing change makers. To recognise privileges, we did a Privilege walk exercise. Facilitators. Praveen Singh discussed Development and Capitalism. Himanshu Kumar spoke about State Repression and his experience of Chhattisgarh. Rahul Banerjee, discussed the social movements like NBA. CMM. MKSS etc.



Subhadra, a feminist researcher activist working on reproductive health and Manshi, facilitated the session on Gender and Patriarchy. Subhadra spoke on the origin of patriarchy and women's health in a slum in Indore. Manshi engaged in a discussion on gender norms, expression and identity.









### HIMACHAL PASTORAL MEET AT SAMBHAAVNAA

A two-day workshop was organized on the issues related to Himachal's pastorals at Sambhaavnaa. People from Kullu, Kangra, Sirmaur and Chamba participated. What are the problems faced in animal husbandry ie sheep and goat farming? How is the modern infrastructure of development affecting the cattle owners?



## FOREST RIGHTS ACT, 2006

- They discussed following points-
- What Is This Act About?
- Why is this law necessary?
- What are conditions like in the forest areas?
- Why were people's rights not respected when these forests were declared?
- Mistakes may have been made, but surely these laws are the best way to protect our forests?
- What does the Forest Rights Act do?
- Who is a forest dweller under this law, and who gets rights?

## NAARI ADAALAT WORKSHOP AT SAMBHAAVNAA

Parvatiya Mahila Adhikar Manch lead by Vimla Vishwapremi, works on the issues of women rights and domestic violence.

They organised a three day workshop with rural women across Baijnath and Mandi at Sambhaavnaa.

The main focus of the workshop was to build an understanding of Patriarchy, gender and sexuality.

Rajni, the mayor from Dharmashala and a feminist has been working on the issues of domestic violence, facilitated the workshop. Through her experience and various case studies, she discussed how to deal with the domestic violence cases in the villages.

Raveena and Tripta from Jagori were the cofacilitators.



### PAHAR AUR HUM



This was the 6th year we did the Pahar Aur Hum workshop. What started as a workshop is slowly growing into a community of young Paharis being tied to a common thread - that of belonging to the Himalayas, that of connecting with their roots. With this motivation we had a group of 24 young people from Himachal, Uttarakhand. Kashmir. Arunachal Pradesh and Nepal participating in

Facilitators, Praveen Singh discussed, what is development? Why we need to rethink? What is capitalism and neo liberal development? Amit Kumar spoke about the conflict zones, history of the Kashmir conflict and resistance. Gorkhaland and struggles of statehood, questions of political identity. Manju discussed about Patriarchy and gender through various





Prakash and Manshi opened the discussion of Jal, Jungle, Zamin aur Vikas: An overview of mountain ecology and challenges today. Through group work, they discussed tourism, dams, floods/ disaster, forest fires, agricultural and livelihood.



Aniket Alam, discussed about mountains and Societies: Our histories and cultural identities.
Asian Highlands and Himalayas.
Colonial Transformations: Political, Economic and Social - Himachal Pradesh.





LEARNING CENTER

UDAAN KE PARINDE

## ACTIVITIES @ UDAAN LEARNING CENTRE



Parmarth School visited us for a fun learning experience.

1. 56 children from 4th standard

2. 52 children from 3rd standard.





BAMBOO NEST WORKSHOP WITH LOCAL KIDS, WAS FACILITATED BY THE ARCHITECTURAL INTERN PRATIEK.



LEARNING CENTER MEMBER BINDU, FROM VILLAGE NAIN, GOT THE OPPORTUNITY TO VLUNTEER WITH PROGRAMS TEAM.





LEARNING CENTER

UDAAN KE PARINDE

## ACTIVITIES @ UDAAN LEARNING CENTER



Free Learners camp for 15 days started on 24th Feb, where in children from different parts of the country gathered to explore fun learning opportunities around.



LEARNING CENTER WAS
VIBRANT DUE TO MUSIC ALL
AROUND AS WE GOT 2
GUITARS AS A DONATION
FROM A WELLWISHER IN
DELHI.





# UDAAN

SCHOOL

UDAAN KE PARINDE

## **ACTIVITIES @ UDAAN SCHOOL**



Sports Day, finally! Joy, enthusiasm, exhilaration! Beaming faces!

Exposure visit: Life meets the lens exhibition of vikram singh's collection and We and the UKG children had a wondrous experience looking at the interesting collection of bio objects ranging from skulls of animals to bird nests.

2Karate with Neo: Thrice a week UKG and LKG children are learning traditional karate. The warm-ups are tough!

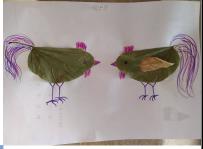




Language games crossword puzzle.

Nature study: the vine overhanging our porch is flowering now. Children studied the flower. They tasted the sweet nectar. They learnt about the parts of the flower- the petals, the stamens with the pouches of pollen called anthers.

Leaf art: teacher and students play with dried leaves and give shape to their imagination.





Admission Open for Session 2018-19. Our banners are being put up at key locations. The advertisement pamphlets are being delivered to newspaper.

# GUPSHUP CHABOOTRA & FARM TO PLATE



This winter we have harvested a good lot of bokchoy, peas, radish and cauliflower etc. and many other fields are seeing a healthy crop of garlic, onion and potatoes. This winter we are also trying horse gram which is a pulse crop. If successful would grow this in larger area next time.We are about to start sowing short duration crops like french beans, tomatoes and Okra etc.

Our poultry has a new shed with a capacity of 45 birds to provide organic eggs even to the participants attending Sambhaavnaa programmes. Slowly but steadilty we are moving towards a campus which almost self reliant in production of milk, tea, eggs fruits and vegetables. In this endeavor farm team would invite volunteers with an experience in organic farming (different kinds of composting, bio-pesticides etc), who can share their experience and knowledge with our field staff working on farm.



## VOLUNTEERS @ SAMBHAAVNAA



Bindu a lady belongs to Nain(Kandbari) near Sambhaavnaa, volunteers with programs team. She is an alumna of our flagship program Buland Iraade. Along with her another volunteer Ain who is also an alumna of Nayi Dishayein winter school, helped us building database of organisations across India. It will help us for a better outreach of our programs.

CHULBULI
BECAME A
MOTHER OF
SIX LITTLE
CHULBULS

