



# Safarnama

**Sambhaavnaa and Udaan ka Safarnama**

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July to September, 2019



# Engaging Boys in a Gender-Transformative Programme

July 8 to 11, 2019

**Project Raise workshop in collaboration with Sambhaavnaa Institute and Equal Community Foundation, focused on the need and approach of mainstreaming adolescent boys in the gender equality conversation. 27 participants mostly representatives of NGO's and individual consultants participated in this learning workshop. Followed the conversation on approach, there was a discussion on Carol Hanisch's essay, the idea behind the phrase "the personal is political". The objective of the workshop was to propound that personal problems of women often do not have a definite solution due to the fact that they emerge out of strong, discursive and oppressive patriarchal, political structures. After the perspective building piece, the programme structure was shared that threw light on the programme curriculum, principles and good practices of raising Gender Equitable Boys.**



**This workshop showcased a set of themes, topics and activities that can be used to engage boys in a structured gender-transformative programme. As such it was an effort to bridge the gap between standard gender-based training and a concrete set of activities that can be used to engage boys in a behavior transformation programme.**



# Youth For Swaraj

July 2 to 6, 2019

Youth For Swaraj National Youth Meet held at Sambhaavnaa Institute, Kandbari between 2nd to 6th July 2019 resolves to establish alternative politics and defend India's Swadharma. Y4S leaders from across the nation came together for the first time after 2019 General Elections to analyze the present political scenario and plan the way forward. In his inaugural address, Swaraj India National President Yogendra Yadav highlighted how the present regime is a threat to India's Swadharma and defending it would require innovation and dedication. Our country still has enough resources to defend its Swadharma and Y4S has a critical role in stitching them together. Prof Anand Kumar highlighted how the battle of Swadharma can be fought in the field of Education. Y4S resolves to work on all the three aspects of the crisis in education: commercialisation, politicisation, criminalisation. Y4S has recently got a potent partner in its battle in the form of Draft National Education Policy, which shares our diagnosis of the present ills of Education system. In his address on the challenges over the next five years, Yogendra Yadav highlighted how unemployment has reached a tipping point and it may cause great disruptions in the coming years but it can take any form, even casteist and communal forms. He urged us to take the Meet to work towards ensuring that the anger and frustration of the youth is channelised in a constructive manner. Prof Amit Basole from Centre of Sustainable Employment helped us understand the basic economics of unemployment and the possible ways of fighting it. Mallige and Dr Vasu enriched us with their insights on building a movement for employment. There was a separate long session on all forms of exclusion and marginalisation, where the emphasis was laid on caste and gender. Rajeev Godara put it forward how the principle of social justice comes naturally from our instinct to help the marginalized but it gets complicated when caste egos are involved. Building conditions that will allow all of us to act upon our natural sensitivities is the underlying aim of the movement of social justice. Shashank held a lucid interaction on gender, helping us become more sensitive towards gender. All the participants resolved to identify and fight on any form of gender discrimination they will encounter. Apart from the crucial issues, the meet paid equal attention to imparting some necessary skills to the participants, like handling media, building networks on Social Media, filing RTI, speaking skills, coping with emotional stress, etc.

All the participants of National Youth Meet were inducted into Y4S National Council. The meet concluded with inspirational songs and a firm resolve that all of us will work towards strengthening alternative politics in India.





# Beyond Indices

Sep 11 to 15, 2019



**Beyond Indices, Samvada in collaboration with Sambhaavnaa organised a 5-day workshop, breaking down, exploring and re-thinking concepts of gender and sexuality in the context of development. The workshop offered a space to 27 participants came from various parts of India, Nepal and Turkey, to reflect on their understanding and experiences of gender, sexuality, relationships and marriage and link them to the development discourse.**

**We discussed-How our gender roles are linked to other social locations we occupy? How are your sexual self and your sexual journey linked to prevailing ideas and norms about sex? Understand the national and international history of feminism? How to achieve sexual autonomy in your life that involves a combination of freedom and responsibility? How has my caste, religion shaped my gender experience? History of gender inequality and development - gender as a development concern. Should consent be the central concern for sexual rights? What are the limitations of this? How my ideas on love and romance have been shaped and influenced by people, incidents and social ideas? What's the history of marriage and issues related to marriage in the Indian context (endogamy, dowry, widowhood, remarriage, divorce, nuclear family, forced and early marriage), marriage across different cultures?**

**Nitya and Poornima were the resource people for this workshop.**

## **A Gender workshop with the students of Agri University Palampur**



**A group of students from Agriculture University Palampur visited Sambhaavnaa to understand the depth of Gender and Patriarchy. Shashank facilitated a session and asked a few questions to discussed following topics -Why Marriage is important in our lives? What is Kanyadaan? What is the meaning of symbols like Mangalsutra, Sindoor and Choora after marriage? How to break the culture of silence on Menstruation and MaritalRape? Why Consent is important? Why Property Right is important for women? How Patriarchy controls our Ideology, labour, reproduction, sexuality and mobility? Why we celebrate festivals like Karwachauth, Raksha Bandhan and Bhai Dooj? How Toxic Masculinity and Patriarchy are harmful for men too? What is natural and unnatural sex?**



## Activities @ Udaan School



Udaan school went through a baseline review conducted by a reputed organisation called Adhyayan. This organisation helps schools to review their performance through key performance areas of the school according to their own vision. This helps the school to work in a more focused manner towards their goals.

Anjali Norohna a well known experienced educationist who has been working with Eklavya for the last 37 years, is helping the school to streamline its systems and curriculum.



The children at school went to see an exhibition called “ansh” held at the Baadi art studio in Kandbari. They thoroughly enjoyed the experience specially because Anirudh who runs the studio took great pains to explain all the concepts that had been installed.





# Activities @ Udaan School



The children at the school enjoy their Friday morning sharing time as they all get an opportunity to show what they have been doing in the week.

Udaan school had a PTM on the 12th of October where they did a 'book look' in which parents could see the kind of work the children do from Nursery to class 3



A few more pictures of Udaan School...





# Upcoming Programs...

Please click the links for more details and spread in your networks

स्व: देखभाल व भावनात्मक संतुलन कार्य  
1 से 5 नवम्बर, 2019

स्थान:  
संभावना संस्थान,  
पालमपुर, हिमाचल प्रदेश

आयोजक  
विशाखा एवम संभावना संस्था



<https://bit.ly/2KhEPrs>

<https://bit.ly/2n1mfL5>

**A workshop on Development Finance**  
Nov 8-11, 2019



Understanding State of Indian Economy, Strength and Challenges  
of Development Finance and Financial Institutions

CFA  
Center for Financial Analysis

Sambhaavnaa Institute Palampur, H.P.  
[www.sambhaavnaa.org](http://www.sambhaavnaa.org)



सीखने-सिखाने और सकारात्मक बदलाव का सफर

**बुलंद इरादे**

सत्ता / जेण्डर / आंदोलन के गीत / जन अधिकार / संवैधानिक हक

नवंबर 11 से 15, 2019

संभावना संस्थान पालमपुर, हिमाचल प्रदेश

फोन : 889 422 7954, ई मेल : [programs@sambhaavnaa.org](mailto:programs@sambhaavnaa.org)  
[www.sambhaavnaa.org](http://www.sambhaavnaa.org)



<https://bit.ly/2Ks7lXy>

<https://bit.ly/2TRuJkv>

**Theater For Change**  
Resource Person: Maya Krishna Rao

December 11 to 14, 2019  
Sambhaavnaa Institute Palampur, H.P.

Contact: 889 422 7954 or  
email: [programs@sambhaavnaa.org](mailto:programs@sambhaavnaa.org)  
Website: [www.sambhaavnaa.org](http://www.sambhaavnaa.org)



**Nayi Dishayein**  
Winter School on Rethinking Development  
December 19-30, 2019

Sambhaavnaa Institute, Palampur, Himachal Pradesh



<http://bit.ly/2L1xUTD>



# Gup-Shup Chabootra



**Laura Murray is an ethnographic filmmaker, photographer, and PhD candidate in Sociocultural Anthropology at New York University. With funding from the American Institute for Indian Studies, Laura's doctoral research investigates the rapidly changing politics and ethics of living with, working upon, and otherwise relating to bovine bodies —i.e., cattle and buffalo—in north India.**

**Working at the intersection of questions of sustainability and development, caste and gender, capitalism and inequality, during her time at Sambhaavnaa, she will be undertaking ethnographic field research with local farmers and veterinarians. Laura previously completed undergraduate and master's degrees at the University of Toronto and Columbia University, as well as a graduate certificate in Culture and Media from NYU Tisch School of the Arts. Her first documentary, Strangers Ourselves (2018), premiered at the Margaret Mead Film Festival in New York, and has since gone to screen and win awards with Chicago Feminist Film Festival, Ethnografilm, Women's Voices Now Film Festival, Immigration Film Festival, and others.**

**Our community members, this year regularly came up from their abode to greet us!**



## Farm To Plate



**This season, our farms and plates are full with organic vegetables. All the credit goes to our skilled and hardworking farm team!**



## Activities @ Udaan Learning Center



**Wenlido self defence training for girls**

**Exposure visit for local kids - 24 local kids of older and younger age groups got an opportunity to visit the paragliding site at Bir, have a chat with a paraglider about the parachute, and visit the Deer park monastery**



**Team of Life Meets the Lens collaborated with ULC to start a programme with 20 local kids on exploring and capturing the biodiversity of our region in their cameras documents and magazine, an orientation of parents and a 4 days workshop on this programme happend at ULC**

**Shifted to a new learning center**





## Activities @ Udaan Learning Center



Boys kabaddi match was organised twice and latest was the girls kabaddi match where in 3 teams participated from kandbari, pedu and palampur



A workshop on natural and healthy living with Shailendra ji



17 Kabaddi match - around 80 children (boys) from nearby villages turned up for the match

